



| Monday | Tuesday | Wednesday | Thursday | Friday | Offered Daily |
|---|--|---|---|--|---|
| | <div>1</div> <div>Twin Beef Soft Tacos Chicken Patty</div> <div>FEATURED VEGGIES Steamed Corn Veggie Patch</div> | <div>2</div> <div>Hot Dog on a Bun Chicken Caesar Salad</div> <div>FEATURED VEGGIES BBQ Baked Beans Veggie Patch</div> | <div>3</div> <div>General Tso Chicken w. Brown Rice Italian Hoagie</div> <div>FEATURED VEGGIES Steamed Broccoli Veggie Patch</div> | <div>4</div> <div>Pizza by the Slice Ham & Cheese</div> <div>FEATURED VEGGIES Caesar Salad Veggie Patch</div> | <div>What is a Meal?</div> <div>You must choose at least 3 of the 5 components available for the 5 components available for the school lunch price.</div> <div><div>- Choice of Whole Grain</div><div>- Choice of Protein</div><div>- Choice of Vegetable</div><div>- Choice of Fruit</div><div>- Choice of Milk</div></div> <div>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.</div> <div><div>Choice of Vegetable</div><div>Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables</div></div> <div><div>Choice of Fruit</div><div>Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</div></div> <div><div>Choice of Milk</div><div>1% white, fat-free white, chocolate, vanilla, and strawberry</div></div> <div><div>Daily Alternates</div><div><div>Monday- Bologna & Cheese</div><div>Tuesday- Chicken Patty on Bun</div><div>Wednesday- Chicken Caesar Salad</div><div>Thursday- Italian Hoagie</div><div>Friday- Ham & Cheese</div></div><div></div></div> |
| <div>7</div> <div>Baked Ziti w. Breadstick Bologna & Cheese</div> <div>FEATURED VEGGIES Garlic String Beans Veggie Patch</div> | <div>8</div> <div>French Toast Sticks w. Scrambled Eggs Chicken Patty</div> <div>FEATURED VEGGIES Cinnamon Apples Veggie Patch</div> | <div>9</div> <div>Philly Cheesesteak on a Torpedo Roll Chicken Caesar Salad</div> <div>FEATURED VEGGIES Sweet Potato Fries Veggie Patch</div> | <div>10</div> <div>Chicken Nuggets & Buttered Noodles Italian Hoagie</div> <div>FEATURED VEGGIES Poppin' Peas Veggie Patch</div> | <div>11</div> <div>Pizza by the Slice Ham & Cheese</div> <div>FEATURED VEGGIES Caesar Salad Veggie Patch</div> | |
| <div>14</div> <div>Chicken Patty on a Bun Bologna & Cheese</div> <div>FEATURED VEGGIES Pasta Salad Veggie Patch</div> | <div>15</div> <div>Walking Beef Tacos Chicken Patty</div> <div>FEATURED VEGGIES Rice & Beans Veggie Patch</div> | <div>16</div> <div>Cheeseburger on a Bun Chicken Caesar Salad</div> <div>FEATURED VEGGIES Glazed Carrots Veggie Patch</div> | <div>17</div> <div>Pizza Crunchers Italian Hoagie</div> <div>FEATURED VEGGIES Tater Tots Veggie Patch</div> | <div>18</div> | |
| <div>21</div> | <div>22</div> | <div>23</div> | <div>24</div> | <div>25</div> | <div></div> |
| <div>28</div> <div>Grilled Cheese on Texas Toast Bologna & Cheese</div> <div>FEATURED VEGGIES Broccoli Salad Veggie Patch</div> | <div>29</div> <div>Mozzarella Sticks w. Garlic Knots Chicken Patty</div> <div>FEATURED VEGGIES Steamed Corn Veggie Patch</div> | <div>30</div> <div>Macaroni & Cheese w. Dinner Roll Chicken Caesar Salad</div> <div>FEATURED VEGGIES Chick Pea Salad Veggie Patch</div> | | | |
| <div>Your Team</div> <div>Katie Mowry, Food Service Director</div> <div>856.456.7000 ext. 4044</div> <div>GLC@metzcorp.com</div> | | | <div>Meal Prices</div> <div>Student Lunch</div> <div>Reduced Lunch</div> <div>Faculty Lunch</div> <div>FREE</div> <div>FREE</div> <div>\$4.00</div> | | <div></div> <div>NUTRI-SERVE</div> <div>FOOD MANAGEMENT, INC. by Metz</div> |